



## Sick Day Rules

### **When should you keep your child home from school if they are sick?**

1. If your child has had a temperature of 100.4°F or higher in the last 24 hours
2. If your child has used ibuprofen (Motrin) or acetaminophen (Tylenol) to lower a fever in the last 24 hours
3. If your child has vomited or had diarrhea in the past 24 hours
4. If your child has been diagnosed with a contagious infection that requires antibiotics, such as strep throat, and it has been less than 24 hours since their first dose of the antibiotics.

### **When can my child return to school?**

When all of the following conditions are met:

1. It has been more than 24 hours since having a temperature over 100.4°F
2. It has been more than 24 hours since the use of acetaminophen or ibuprofen to lower a temperature
3. It has been more than 24 hours since the last episode of vomiting or diarrhea
4. It has been more than 24 hours since starting antibiotics AND conditions 1-3 are met

**Thank you for doing your part to keep our students and staff as healthy as possible!**